

FREE CLASSES!!

Week of January 16, 2012

Zumba

Tuesday and Thursday

7:00pm – 7:45pm

Zumba Gold

Monday

11:30am – 12:15pm

Cardio Step 360

Monday and Wednesday

7:00pm – 7:45pm

Yoga

Monday and Wednesday

9:00am – 9:45am

Glenarden Community Center

8615 McLain Avenue

Glenarden, MD 20706

(301) 772-3151

